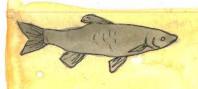
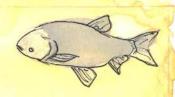
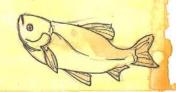
CARP CUT THE JACK ESTEP

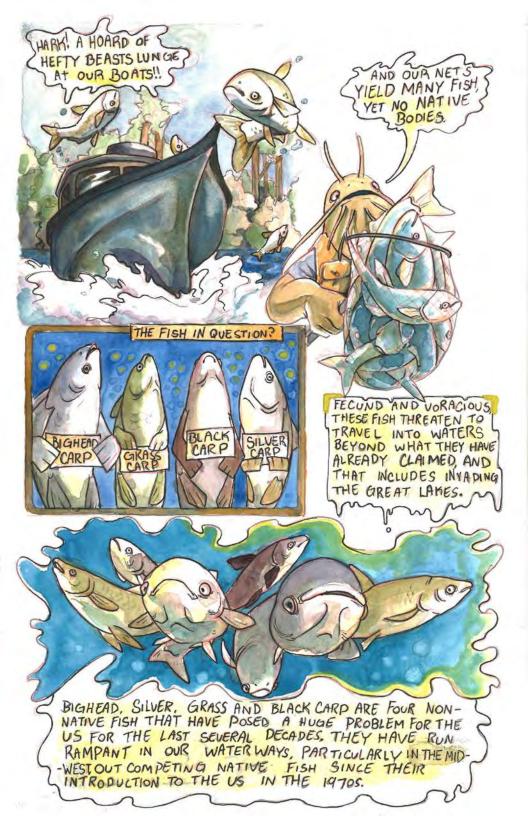


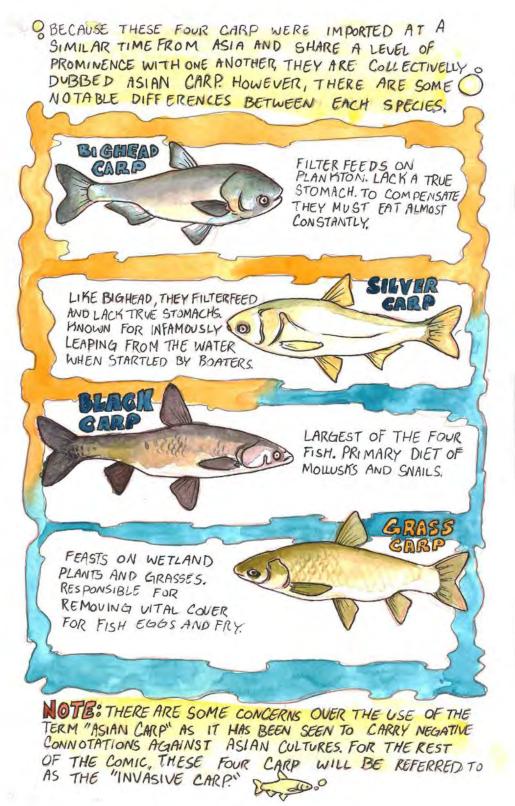
GUT THE CARP.





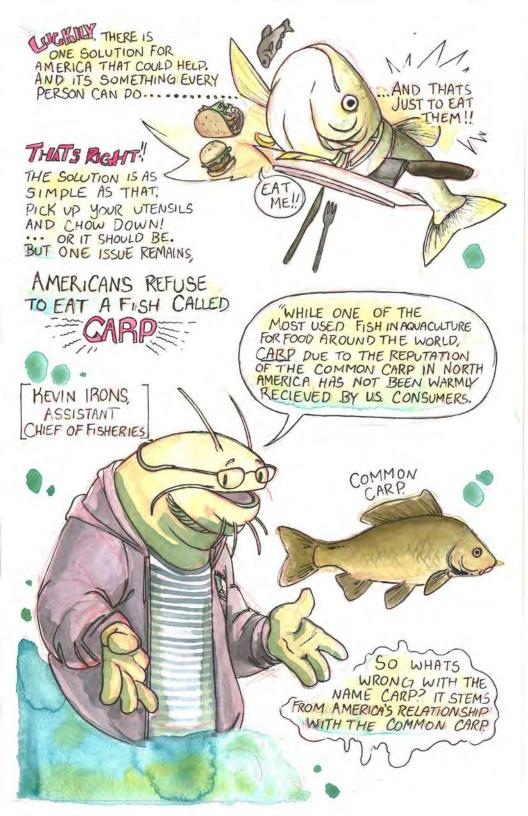














DESPITE SHARING A
NAME, ALL INVASIVE CARP
HAVE NOTABLE
DIFFERENCES IN TASTE
AND NUTRITION FROM
THE COMMON CARP,
WHICH ITSELF CAN
TASTE FINE IF CARED
FOR PROPERLY.

TOP FEEDING, GIVING
A MILDER, FRESHER
FLAVOR. WHITE, FLAKEY
MEAT, AND CLEANER
TASTING THAN CATFISH.
LOWER IN FAT AND
HEAVY METALS AND
HIGH IN PROTEIN;
AND OMEGA -3s, LIKE
BIGHEAD
SALMON, YET CHEAPER.

COMMON CARP

BOTTOM FEEDING AND CAN SURVIVE IN POOR ENVIRONMENTS POTENTIALLY LEADING TO A LESS THAN DESIRED, MUDDY FLAVOR. IF RAISED IN CLEAN WATER THEY HAVE MILD, PINK MEAT WITH MODERATE AMOUNTS OF OMEGA-3s AND HIGH IN PROTEIN AND FAT.





ILLINOIS



THE ONLY ISSUE ARISING WITH CARP MEAT ARE THER "Y" SHAPED BONES. THOUGH IT CAN BE DONE, FILETING IS MUCH HARDER, SO OFTEN THER MEAT IS GROUND INTO BURGERS AND TACOS.

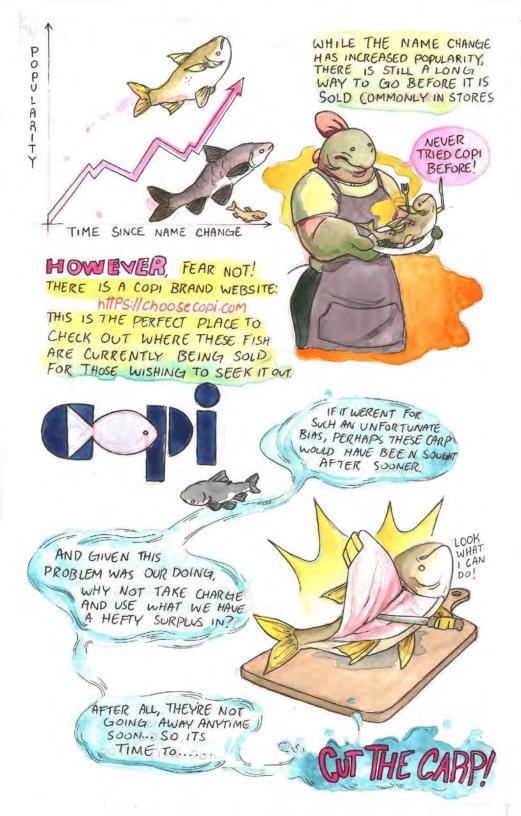
REGARDLESS, THE MEAT IS JUST AS TASTY!



D.N.A.

TO COMBAT THE BIAS, THE ILLINOIS DEPARTMENT OF NATURAL RESOURCES HAS LAUNCHED AN OFFICIAL NAME CHANGE FOR THE FISH IN A FOOD MARKET SETTING, AND ITS SIMPLE:

SHORT FOR COPIOUS; SUCH A FITTING NAME FOR THE FISH.



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